

# RESET & REFRESH


Cheers to health and happiness! Our reset & refresh menu is here, featuring guilt-free dishes and zero-proof sips  
Created in partnership with Novant Health

## • CURIOUS ELIXIR MOCKTAILS •

curious elixirs are booze-free craft cocktails, infused with adaptogens to help you unwind—available this month only

 **No 2 – Spicy Pineapple Margarita 12**  
citrus | jalapeno | ginger | damiana | ginger beer

 **No 6 – Coconut Pineapple Painkiller 12**  
coconut | pineapple | lemon balm | oat milk | nutmeg

 **No 4 – Blood Orange Spritz 12**  
citrus | ginseng | holy basil | turmeric | club soda

 **No 9 – Sparkling Rosé Cocktail 12**  
rose | chardonnay grapes | lime | poppy | kanna | club soda

## • SALADS & STARTERS •

salad add ons: chicken +9 | shrimp +10 | bistro filet\* +14 | salmon\* +12 | smoked salmon +10 | tuna\* +12

**Napa Salad 13** | *gf+u*  
artisan greens | apple | dried cranberries | toasted pecans |  
feta | champagne vinaigrette

**Tuna Tartare\* 20**  
yellowfin tuna | avocado | pickled mango | spiced tobanjan aioli |  
ponzu vinaigrette | lavash

**Warm Kale Salad 12** | *gf+u*  
pickled red onion | dried cranberries | candied pecans |  
smoked paprika dressing

**Grilled Octopus 28** | *gf*  
roasted root vegetables | chorizo | castelvetrano olives |  
charred lemon

**Loaded Hummus 14** | *u*  
whipped hummus | crispy chickpeas | castelvetrano olives |  
grape tomatoes | cucumber | feta | olive oil | lavash

## • LARGE PLATES •

**Pan Roasted Salmon\* 30** | *gf*  
lentil & wilted kale cassoulet |  
lentil & wilted kale cassoulet | dill scented tzatziki

**Napa Power Bowl 18** | *gf+u*  
warmed quinoa | caramelized butternut squash | roasted beets |  
chickpeas | pickled red onions | feta | dill scented tzatziki

**Pan Roasted Duck Breast\* 38** | *gf*  
forbidden rice | braised swiss chard | black cherry gastrique

**Stuffed Roasted Butternut Squash 24** | *u*  
farro risotto | tofu crema | toasted pecans | cranberries | feta

**Roasted Chicken 28** | *gf*  
root vegetable hash | crispy brussels sprouts | poulet jus

## • SOMETHING SWEET •

**Red Wine Poached Pear 10** | *u*  
whipped ricotta | toasted pistachio | spiced red wine reduction

**Sorbet 9** | *u*  
ask about our seasonal flavors



Good nutrition and exercise are essential to maintaining a healthy lifestyle. Need help getting to and maintaining a healthy weight? Visit [NovantHealth.org/BariatricSolutions](https://NovantHealth.org/BariatricSolutions).

*gf* gluten free | *u* vegetarian

\*this item may contain raw or undercooked animal derived foods. consuming undercooked meats, poultry, shellfish, or eggs may increase your risk of foodborne illness.